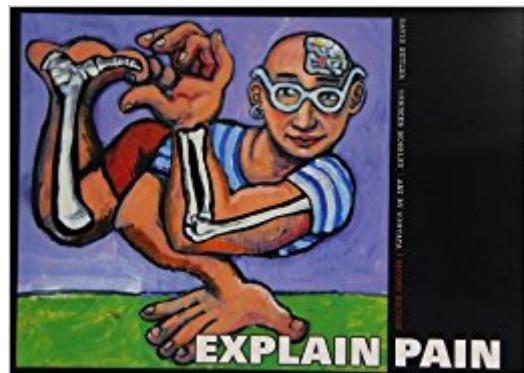


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# Explain Pain (8311)



## Synopsis

Explain Pain is a proven stayer among health texts. With great clarity and quirky images, it answers common questions asked by pain sufferers, such as "Why am I in pain?", "Why has it spread?" and "What can I do to help?" Explain Pain gives new and immediate hope to pain sufferers and their family and friends. It describes the complexities of the central nervous system for chronic pain patients in everyday language. Studies now show that understanding more about why things hurt can help patients go about their daily lives. This book aims to empower clinicians and pain sufferers to challenge pain, revise their view of pain and follow a scientific road to recovery. Written by Dr. David Butler and Dr. G. Lorimer Moseley. Illustrated. Spiral-bound softcover; 130 pages.

## Book Information

Spiral-bound: 134 pages

Publisher: NOI Group; 2nd edition (September 25, 2013)

Language: English

ISBN-10: 0987342665

ISBN-13: 978-0987342669

Product Dimensions: 11.5 x 0.6 x 8.3 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 76 customer reviews

Best Sellers Rank: #62,232 in Books (See Top 100 in Books) #10 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pain Medicine #15 in Books > Medical Books > Pharmacology > Pain Medicine #29 in Books > Medical Books > Medicine > Doctor-Patient Relations

## Customer Reviews

David Butler, B Phty, GDAMT, M App Sc, PT Clinician, author, lecturer and educator, David Butler passionately spreads his knowledge regarding the treatment of acute and chronic pain utilizing his insightful blend of manual-therapy skills with neurobiological evidence and clinical decision-making skills. G. Lorimer Moseley, PhD, FACP Dr. Moseley is professor of Clinical Neurosciences and Foundation Chair in Physiotherapy at the University of South Australia, Senior Principal Research Fellow at Neuroscience Research Australia and Chair of PainAdelaide. He has a unique ability to teach the science of pain in a way that is applicable to professionals and accessible to patients.

I should have read the one-star review prior to purchasing the Kindle version. Absolutely terrible

formatting as it is a PDF or picture with such small print I was unable to read it and apparently CAN NOT return this book. needs to fix this formatting issue. I have hundreds of kindle books and have not come across anything like this--there are more white space than words (see picture below). This review is not for the content of the book.

Agree with all other 1-star reviews. HORRIBLE FORMATTING. Just wasted \$20. Explain that pain.

**DO NOT PURCHASE THE KINDLE VERSION** - This book is impossible to read in the kindle version - even with high resolution and with +2.50 reading glasses or hand held device to enlarge the print - it is impossible to read this extremely small print as the book itself is **VERY SMALL** and the font size adjustment is not an option on this book.

The Kindle version is not readable. There is a disclaimer but unfortunately I did not see it before I purchased the book. It is so bad that they really should not even offer it as a Kindle edition. However, the content of the book is quite good as I borrowed the book from my physical therapist after obtaining my unreadable version.

The written spiral bound version is great 5 STARS. **THE KINDLE VERSION IS 0 STARS. THE KINDLE VERSION IS TERRIBLE. THE TABLE OF CONTENTS DOES NOT WORK CORRECTLY. THE PAGE CANNOT BE ENLARGED. THE KINDLE VERSION PRINT IS TOO SMALL FOR READING. DO NOT BUY THE KINDLE VERSION UNTIL THEY FIX IT. THE SPIRAL BOUND IS WORTH THE MONEY. I WAS HOPING THE KINDLE VERSION WOULD BE AVAILABLE FOR PATIENTS. I AM TERRIBLY DISAPPOINTED. YOU NEED TO LOOK AT THIS ITEM.** why are you still selling the kindle version and stealing money from customers. That edition unless it has been fixed is not readable.

It's NOT a kindle version but rather a pdf (with tiny tiny tiny print....). Impossible to read on a phone or tablet. Come on ...really?

I suffer from CRPS. I now understand what's happening to me and how to change it. I had no idea how complex, yet simple, my condition is and how I can systematically improve my prognosis. I'm currently reading and following the Graded Motor Imagery Handbook and making progress. I got the e-version of Explain Pain on my Kindle. The only problem I had is that I couldn't enlarge the font like

I can with all other books. The font was very small and hard to read. I'd recommend getting the physical book.

The kindle version of this book is a PDF. It is impossible to read and I can't return. I'm trying to contact cause this was a rip. Thumbs down don't buy Kindle version. I heard the content is good so maybe a hard copy is best bet.

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Explain Pain (8311) Back Stretching: Back Strengthening And Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back pain treatment, ... pain relief, stretching, back pain Book 1) What's Up with Richard?: Medikidz Explain Leukemia (Medikidz Explain [Cancer XYZ]) What's Up with Lyndon?: Medikidz Explain Osteosarcoma (Medikidz Explain [Cancer XYZ]) What's Up with Jo?: Medikidz Explain Brain Tumors (Medikidz Explain [Cancer XYZ]) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Explain Pain MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Classification of Chronic Pain: Descriptions of Chronic Pain Syndromes and Definitions of Pain Terms Fixing You: Hip & Knee Pain: Self-treatment for IT band friction, arthritis, groin pain, bursitis, knee pain, PFS, AKPS, and other diagnoses 10 KEYS TO UNLOCKING HAND PAIN: Increase blood flow to ease pain & regain your strength, power & flexibility in 5 minutes a day (10 Keys to Unlocking Pain Book 2) Foot Pain: Ingrown Toenail: How To Become Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home (Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1) Scoliosis Prevention and Treatment: The Ultimate Guide to Health, Fitness, Dieting, Recovery and Growth: osteopathy, alternative medicine, yoga, contemporary ... Back Pain, Pain Relief, Pain Management,) Pain by The Authors of Pain: The debut poetry collection from WWE tag team and literary powerhouse The Authors of Pain. How to Use Graphic Design to Sell Things, Explain Things, Make Things Look Better, Make People Laugh, Make People Cry, and (Every Once in a While) Change the WorldÂ The Winner - This book has been designed to help explain Asthma and its effects to young children What's Up With Max?: Medikidz Explain Asthma (Superheroes on a Medical

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